

Happiness Through Leadership

Lead Yourself, Then Help Others to Lead Themselves

The happiest, most fulfilling, personal lives and work lives have one thing in common: people have embraced personal responsibility. They practice greater self-acceptance and acceptance of others. They act on what they can control and let the other things go. They work respectfully with others for mutual gain. Sometimes, some of us need a little help to make that happen.

Welcome to the Happiness Through Leadership Program!
This is an exciting online self-paced, self-coaching program, with personalized support. Engage in eye-opening lessons that remove the barriers to a whole, fruitful, joyful life.

The first course is **PERSONAL LEADERSHIP**, where we focus on overcoming personal pain and struggles. Here you will learn to:

- Have a better relationship with yourself.
- Act on the factors that are blocking success and fulfillment.
- Practice self-care that makes a lasting difference in your wellness.

Then, in **INTERPERSONAL LEADERSHIP**, we turn the focus outward to our relationships with people in all areas of our lives. You learn to:

- Release the need to judge others.
- Recognize your role in interpersonal challenges.
- Implement thoughts and actions that lead to good relationships.

DAILY LEADERSHIP is the third course, and tools you can use for happiness, energy, and success each day are explored. Here, you learn to:

- Establish a zest for life and work.
- Achieve balance in your life, work, and mind.
- Increase your capacity to deal with disappointment, surprise, and adversity.

Finally, you are ready to help others lead themselves. **AQUARIAN LEADERSHIP** prepares you for the realities of our world today. You will be able to:

- Implement modern, unconventional leadership techniques.
- Demonstrate leadership strategies in your organization, home, or community.
- Create an environment where equality, fairness, and mutual respect come first.

Unlock the secrets to happiness and leadership success!

Visit HappinessThroughLeadership.com.